Czech dance traditions and games

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Česká Beseda

- Česká Beseda = traditional Czech dance for 4 pairs
- created in 1863
- Consists of several national dances and songs
- danced in national costumes



- They danced it after World War I and II as an expression of happiness after their ending.
- linked with balls, folk fairs, cities, municipal ceremonies and mainly with folk festivals
- today unknown for young generation in cities but in village often dances at special fairs











Folk costume

- = special costumes for every region
- lots of types of costumes
- In poor regions the costumes are plain and simple.





 In wealthy regions the costumes are richer and very decorated. Their costumes have many colours and embroidery.





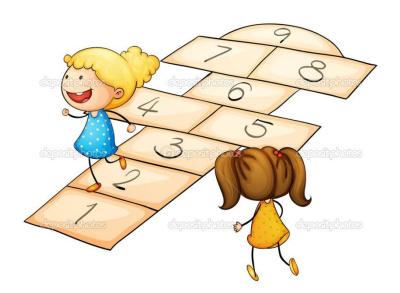
- Lomnice has got this type of folk costume
- This costume belongs to the simple ones because Lomnice lies in a not very rich region (on the foot of the Highlands) it consist of



Traditional Czech games

Hopscotch

- We draw a hopscotch
- Hopscotch is made up of squares. Every square has got its own number.
- After that we stand in front of number one and we throw a stone. We must jump on one leg on the square where the stone falls down.





Skipping the rope

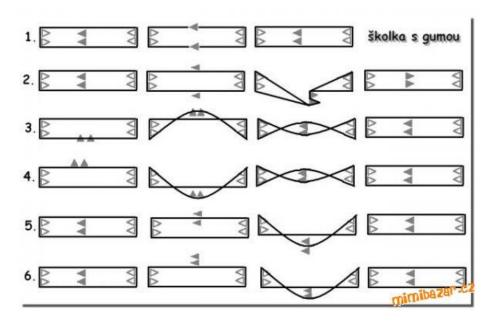
minimum of three participants
taking turns, two of whom turn the rope while
one or more jump. This is called long rope.



Jumping over rubber band

 It's for three persons. Two persons hold the rubber and the third jumps over it. We have many kinds of jumps over the rubber.

Types of jumps





Other dance style

Street dance

 An informal style of dance involving a variety of moves which is popular with young people and often developed in public places such as streets-clubsplaygrounds-etc







SDK = street dance camp



- In Jedovnice (village in the South Moravia) is the biggest dance camp in Europe.
- It is just one week in July
- It's a unique chance to meet the world's top instructors and dancers from all over the world.
- SDK is the only place in the world where all dancing legends, famous dancers and choreographers will meet in such numbers.





